



## COMPOSITE RESORATIONS OVERVIEW AND POST-CARE

A **composite restoration** is a tooth-colored mixture used to restore decayed teeth. Composites are also used for cosmetic improvements of the smile by changing the color of the teeth or reshaping disfigured teeth.

Following your appointment:

- Do NOT chew on the side where treatment was performed for the remainder of the day.
- Do NOT eat or drink anything hot or hard until the numbness has worn away (to avoid biting or burning your cheeks, tongue and lips).
- If needed, take an over the counter pain reliever of your choice (follow indicated directions).

*If you have any questions or experience a significant soreness to chewing or temperature, please contact our office as soon as possible at 847-492-3492.*